
The OR Management Series

Best Practices to Optimize Postoperative Recovery

First Edition

A compilation of articles from *OR Manager*

OR Manager

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Best Practices to Optimize Postoperative Recovery

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Foreword

The annual OR Manager Conference celebrates its 30th anniversary in 2017. Both the conference and the monthly OR Manager publication (now in its 33rd year) have evolved over their long history to help perioperative services leaders succeed in a rapidly changing and increasingly demanding field. To that end, conference organizers launched the PACU Manager Summit, held in conjunction with the conference, to focus specifically on patient care outside of the operating room.

In light of these milestones, the time seems right to offer this first edition of *Best Practices to Optimize Postoperative Recovery*. Articles have been carefully selected from OR Manager to present a comprehensive view of surgical patient management, from preadmission testing and preparation for surgery to postoperative recovery, as well as tips for coordinating care throughout the process.

Recent years have seen fee-for-service payment shift to value-based payment models in healthcare. As part of that, the Centers for Medicare & Medicaid Services (CMS) has developed bundled payments for select surgical procedures—some voluntary and some mandatory—and has increased readmission penalties for a number of conditions.

In doing so, CMS has put the onus on healthcare providers to strive for optimal outcomes or pay a steep price. As a result, many organizations have adopted new protocols and focused on improving teamwork to manage the entire episode of surgical patient care.

OR Manager has published numerous other books and special reports on patient safety, improving OR performance, and surgical site infections—to name just a few of our compilations. *Best Practices to Optimize Postoperative Recovery* incorporates information on new technology and tools as well as new roles and responsibilities of OR leaders and their staffs as they expand their patient care repertoire.

The first two sections of the book take a deep dive into improvements in anesthesia and pain management, which have lessened the time needed for postoperative recovery and thereby reduced the bottlenecks that can wreak havoc with OR schedules. The third section explores the nuts and bolts of implementing a perioperative surgical home and demonstrates why this model has been successful. And the last section, which relates to value-based care, offers data in support of enhanced recovery after surgery protocols as well as other programs that have reduced the incidence of surgical site infections.

Changes in technology and regulations have made it exceptionally challenging to manage the surgical services environment. OR Manager strives to help perioperative services leaders through our daily OR a.m. e-newsletter, annual OR Manager Conference, annual OR Business Management Conference, webinar series, and numerous publications. This first edition of *Best Practices to Optimize Postoperative Recovery* is now being added to the products and services we provide to make their jobs a little easier.

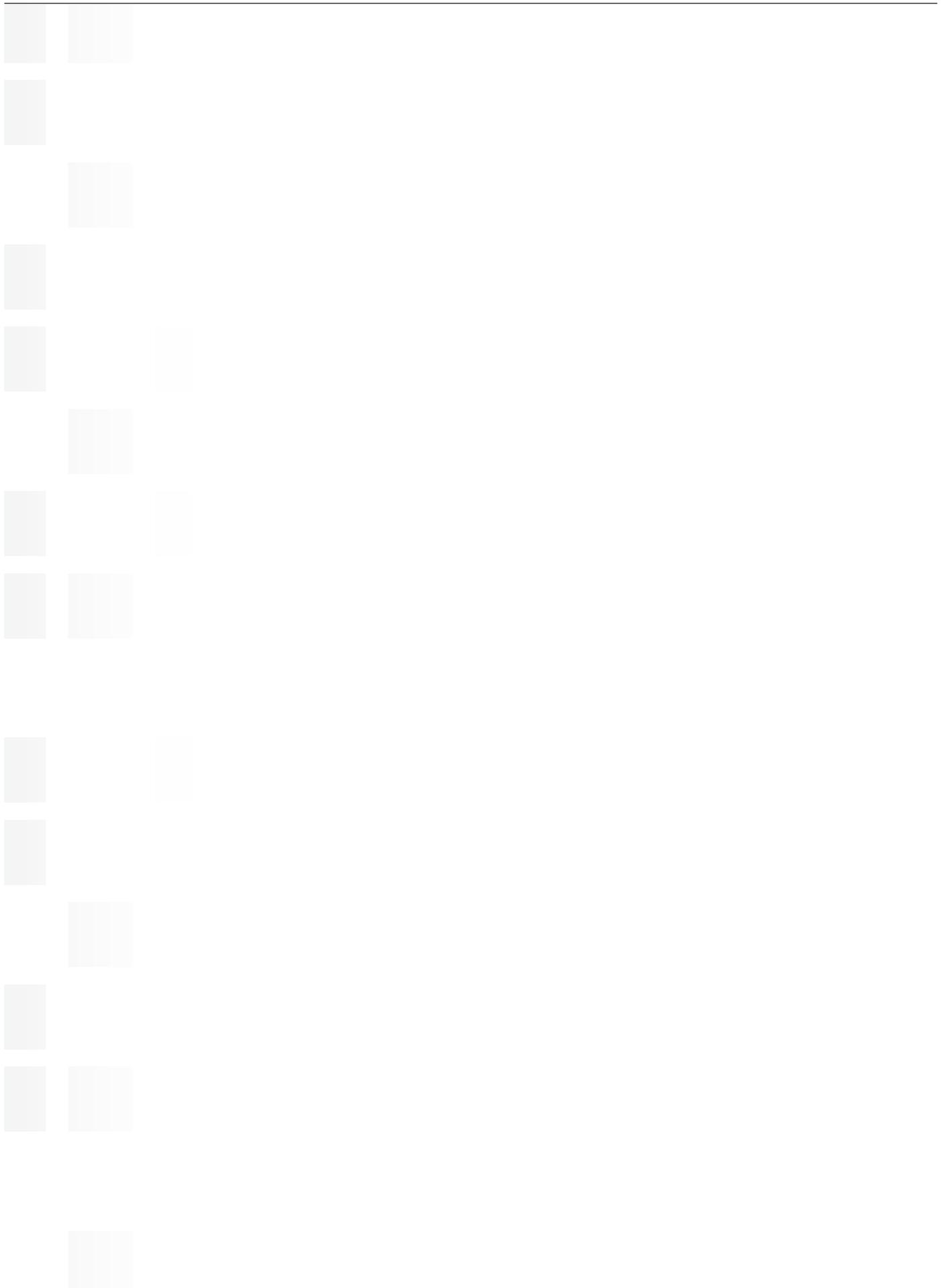


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